



2026 CALENDAR

O C N A M I B I A . O R G



JANUARY 2026

MON	TUE	WED	THU	FRI	SAT	SUN
			1 Happy New Year!	2	3 Pick up three pieces of litter on your walk.	4
5 National Bird Day	6 Refuse single-use cutlery if ordering takeout.	7	8 Collect rainwater to water your garden.	9 Refuse single-use cutlery if ordering takeout.	10 Save The Eagles Day	11
12	13	14 Switch to biodegradable household products	15	16	17 Compost kitchen waste to reduce landfill contributions.	18
19	20 Penguin Awareness Day	21	22	23	24	25
26 Int Environmental Awareness Day	27 Set your thermostat lower in winter and dress warmly.	28	29	30 Replace one lightbulb with an LED to save energy.	31	

The ocean is the heart of our planet. Take care of it, and it will take care of you.



FEBRUARY 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2 World Wetlands Day	3 Switch off the lights when leaving a room.	4	5	6 Choose public transport, bike, or walk instead of driving.	7	8
9	10	11 Air dry your clothes instead of using a dryer.	12	13 World Whale Day	14	15 Use a rechargeable battery for electronics.
16	17	18	19 Say no to plastic straws at restaurants.	20	21	22
23	24 Use a reusable coffee cup today if you're buying coffee.	25	26	27 International Polar Bear Day	28 Go for a day without any single-use plastic.	



MARCH 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3 World Wildlife Day	4	5 Collect rainwater to water your garden.	6	7	8
9 Buy local produce	10	11	12	13	14 International Day of Action for Rivers	15
16	17 Unplug electronics that aren't in use	18	19	20 World Sparrow Day	21 International Day of Forests	22 World Water Day
23 World Meteorological Day	24	25 Choose a paperless option for your bills.	26	27	28	29
30	31					

Every small action to reduce plastic use makes a wave of difference.



APRIL 2026

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2 Support eco-friendly brands that prioritize sustainability.	3	4 Refuse single-use cutlery if ordering takeout.	5
6	7	8	9	10 Turn off the tap while brushing your teeth.	11	12
13 Buy in bulk to reduce packaging waste.	14 National Dolphin Day	15	16	17	18 Compost kitchen waste to reduce landfill contributions.	19
20 Switch off the lights when leaving a room.	21	22 Earth Day	23 World Laboratory Animal Day	24	25 World Penguin Day	26
27 Repurpose glass jars for storage.	28 Stop Food Waste Day	29	30			



MAY 2026

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6 Be vegan for a day to reduce your environmental footprint.	7	8	9 World Migratory Bird Day	10
11	12	13 Reduce screen brightness to save battery and energy.	14	15 Endangered Species Day	16	17
18	19	20 World Bee Day	21	22 International Day for Biological Diversity	23 World Turtle Day	24
25 Take a reusable container when ordering takeout or leftovers.	26	27	28 Use a reusable shopping bag today and avoid plastic.	29	30	31 Turn leftovers into a new meal to reduce waste.

Saving our oceans is not just an environmental issue—it's a humanitarian one.



JUNE 2026

MON	TUE	WED	THU	FRI	SAT	SUN
1 World Reef Awareness Day	2	3 Unplug electronics that aren't in use to save energy.	4	5 World Environment Day	6	7
8 World Oceans Day	9 Choose bamboo or reusable utensils over plastic.	10	11	12 Pick eco-friendly, cruelty-free products when possible.	13	14 Take a shorter shower to save water.
15 Plan a car-free day to lower emissions.	16 World Sea Turtle Day	17 World Day to Combat Desertification and Drought	18	19	20	21 World Giraffe Day
22 World Rainforest Day	23	24	25 Repurpose glass jars for storage.	26	27	28 Say no to plastic straws at restaurants.
29	30					





JULY 2026

MON	TUE	WED	THU	FRI	SAT	SUN
		1 Recycle paper, glass, and plastic in your household.	2	3 Plastic Bag Free Day	4	5 Cook a meal with leftovers to reduce food waste.
6	7 Plant a tree or a small plant to absorb CO ₂ .	8	9	10 Buy local produce to support local and reduce emissions.	11	12
13 Use reusable coffee cups if you're buying coffee.	14 Shark Awareness Day	15	16	17 Bring reusable produce bags for fruits and veggies.	18	19
20	21 Carry a reusable water bottle instead of buying bottled water.	22	23	24	25 Donate old clothes instead of throwing them away.	26 International Day for the Conservation of the Mangrove Ecosystem
27	28 Turn off the tap while brushing your teeth.	29	30	31 Buy in bulk to reduce packaging waste.		

Plastic never goes away; it just breaks down into smaller pieces called microplastics.



AUGUST 2026

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3 Use natural pest control methods in the garden.	4 Bring a lunchbox to avoid plastic packaging	5	6	7 Air dry your clothes instead of using a dryer.	8 International Cat Day	9
10 World Lion Day	11	12 World Elephant Day	13	14	15 Use cloth napkins instead of paper ones.	16
17	18	19 Avoid disposable razors; try a reusable razor	20	21	22	23
24 Choose unpackaged fruits and veggies	25 Organize a beach or park cleanup with friends.	26	27 Reduce screen brightness to save battery and energy.	28	29	30 International Whale Shark Day
31						



SEPTEMBER 2026

MON	TUE	WED	THU	FRI	SAT	SUN
	1 Host a plant-based meal for friends or family.	2	3	4 National Wildlife Day	5	6
7 Avoid fast fashion by skipping a new purchase.	8	9	10	11 Avoid plastic bags for produce; go reusable.	12	13
14	15 Greenpeace Day	16 International Day for the Preservation of the Ozone Layer	17	18	19	20 International Coastal Cleanup Day
21	22 World Rhino Day	23 World Rivers Day	24	25 Take a shorter shower to save water	26	27
28 World Rabies Day	29	30 Use a reusable water bottle instead of buying bottled water.				

Together, we can turn the tide on ocean pollution, one choice at a time.



OCTOBER 2026

MON	TUE	WED	THU	FRI	SAT	SUN
			1 World Vegetarian Day	2	3	4 World Animal Day
5	6 World Habitat Day	7	8	9	10 World Migratory Bird Day	11
12 Turn leftovers into a new meal to reduce waste.	13	14	15 Reduce microplastics by choosing natural fibers	16	17 International Sawfish Day	18
19	20 Choose public transport, bike, or walk instead of driving.	21	22	23	24 Plant a tree or a small plant to absorb CO ₂ .	25
26	27	28 Read up on sustainable fishing before buying seafood.	29	30	31 Choose unpackaged fruits and veggies when shopping	



NOVEMBER 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1 World Vegan Day
2	3 Make a DIY cleaning product from natural ingredients.	4	5	6 Switch to a plant- based milk	7	8 Check your tire pressure to improve fuel efficiency.
9	10	11	12 Recycle paper, glass, and plastic in your household.	13	14	15
16	17 Host a zero- waste day challenge with friends.	18	19	20 Switch to digital receipts instead of printed ones	21	22
23 Bring a lunchbox to avoid plastic packaging at lunch.	24	25 Skip meat at dinner for a plant-based meal.	26	27	28	29
30						



DECEMBER 2026

MON	TUE	WED	THU	FRI	SAT	SUN
	1 Avoid fast fashion today by skipping a new purchase.	2	3	4 World Wildlife Conservation Day	5	6
7	8	9	10	11 Support eco-friendly brands that prioritize sustainability.	12	13 Share an environmental tip on social media.
14	15 Use a reusable shopping bag today and avoid plastic.	16	17	18 Use eco-friendly gift wrapping	19	20
21 Recycle electronics responsibly.	22	23 Host a plant-based meal for friends or family.	24	25	26 Cook a meal with leftovers to reduce food waste.	27
28	29	30 Donate old clothes instead of throwing them away.	31			

You cannot protect the ocean without eliminating single-use plastics.